

JENNIFER FRICAS, PhD, MPH, RN

571-220-3199 – [jfricas@gmail.com](mailto:jfricas@gmail.com) – [www.jenniferfricas.com](http://www.jenniferfricas.com) – [www.linkedin.com/in/jenniferfricas](https://www.linkedin.com/in/jenniferfricas)

## EXECUTIVE SUMMARY

---

- Health professions educator and advisor with 17 years of experience in adult education and training, plus 7 years of experience in public health and nursing service delivery.
- Experienced, strengths-based advisor and mentor of college students from diverse backgrounds. Applies motivational interviewing and other relationship-building skills honed as a nurse.
- Highly skilled curriculum and program developer and evaluator with focus in public health, nursing, global health, and interdisciplinary health sciences.
- Well-connected national leader in health professions with established relationships within the American Public Health Association, national non-profits, and global health-focused organizations.
- Registered Nurse licensure. Spanish speaking. Certificate in Universal Design for Learning. Poised and compassionate public speaker.

## RECENT EXPERIENCE

---

### SEATTLE UNIVERSITY (COLLEGE OF NURSING) (2007 to Present)

*Assistant Professor*

*Associate Teaching Professor; Assistant Teaching Professor*

*Operations Manager, Clinical Performance Lab*

### CONSULTANT, FREELANCE (Apr 2020 to Present)

*Technical consultation, curriculum development, and problem solving for community-based participatory research and photovoice projects.*

### PHOTOVOICE WORLDWIDE (2023 to Present)

*Educator*

### INOVA HEALTH SYSTEMS (2006 to 2007)

*Immunization Nurse and Nurse Educator*

### FAIRFAX COUNTY (VA) HEALTH DEPARTMENT (2000 to 2006)

*Public Health Nurse III: Tuberculosis Control Program Manager*

*Public Health Nurse II: Communicable Disease Epidemiology Nurse*

*Public Health Nurse I: Field Nurse Case Manager*

## EDUCATION

---

UNIVERSITY OF MINNESOTA, Minneapolis, MN, **PhD**, Organizational Leadership, Policy, and Development: [Dissertation](#)

GEORGE WASHINGTON UNIVERSITY, Washington, DC, **Master of Public Health (MPH)**, Global Health Policy

JAMES MADISON UNIVERSITY, Harrisonburg, VA, **Bachelor of Science in Nursing**

## CORE COMPETENCIES WITH WORK EXAMPLES

---

### Training, Content Development, and Presentation

- Creates and teaches health professions courses for up to 70 adult learners.
- Facilitates diverse groups, with testimonies from students of ability to create environments conducive to learning, welcome differing viewpoints, and address conflict.

- Developed and led department-wide Population Health Internship, serving ~170 students/year in partnership with 45 community agencies and 92 community-based mentors.
- Developed, implemented, and evaluated new courses in Global Health, Population Health Nursing, Epidemiology, Nursing Philosophy, Health and Human Rights, and Disability Studies.
- Served in a wide variety of educational leadership roles including curriculum development, evaluation and revision; professional development of fellow faculty; and on advisory boards for university-wide programs.

### **Mentorship and Communication**

- Advised over 125 undergraduate students and mentored 25 graduate students in their theses or doctoral projects. Used a tailored, student-centered approach to build relationships, set mutual expectations, advise on careers and graduate school, problem-solve challenges, and coach to goals and timelines.
- Served for 5 years as advisor for Seattle University's prestigious Sullivan Scholar Program, a full scholarship for high-achieving high school students who show exceptional leadership potential. Collaboratively led cohort-based and individual mentoring, community-building, and conflict resolution.
- Conducted comprehensive case management of up to 35 public health clients at health department for the largest county in Northern Virginia.
- Documents work meticulously and triages confidently due to nursing training and practice.

### **Leadership and Development of Organizations**

- Established partnerships and contracts with over 30 community-based health and social service agencies in Western WA during leadership of Population Health Internship program.
- Led teams of up to 10 faculty (8 years) to coordinate delivery of multiple course sections ( $\geq 100$  students/qtr).
- Co-founded and led (3 years) Equity and Justice Committee, instituting organizational-level antiracist and social justice-oriented change while coaching student leaders.
- Co-founded and led (6 years) Global Nursing Committee, initiating and managing faculty-led and academic exchange programs which tripled the number of students accessing education abroad opportunities.
- Supervised student staff and coached them to customer-oriented responsiveness as Operations Manager of a 20,000 sq-ft Nursing Clinical Performance Lab.

### **Program Development, Management, and Evaluation**

- Executes and teaches comprehensive program development, from collaboratively designing objectives to collecting and evaluating data metrics to foster continuous improvement.
- Provides technical assistance on program development, monitoring, and evaluation to Worldwide Fistula Fund's programs in Kenya and Uganda. Served as program evaluator for global education programs in Ecuador and Thailand.
- Conducted and published operational and evaluation research on Population Health Internship, using data collected from metrics established by a team I led.

### **BOARD/PROFESSIONAL SERVICE EXPERIENCE**

---

- Worldwide Fistula Fund: Programming Committee of the Board. 2022 to Present.
- American Public Health Association: Governing Councilor for Public Health Nursing Section. 2022 to Present; Member, Public Health Nursing and International Health Sections. 2010 to Present.
- Mandela Fellows (Young African Leaders Initiative, U.S. State Dept.): Coach. Summer 2022.
- Comparative and International Education Society: Secretary and Communications Chair for Indigenous Knowledges and the Academy Special Interest Group. 2018 to 2021.
- One By One: Board of Directors, including Executive Leadership Team. 2012 to 2017.